

In Person Workshop / An Introduction to Understanding Your Voice: Beyond Singing

Sophie Lair-Berreby / The Voice Bar (your body, your voice)

Time: Sunday September 7, 2025, 1:30 PM - 3:30 PM

Location:

The Voice Studio

853 7th Avenue, Suite 2B

New York, NY, 10019

Rate: Price: \$50 (\$100) discovery rate, for all.



Important Disclaimer: This bodywork and voice workshop is designed for educational and personal growth purposes. It may involve physical movement, breathing and vocal exercises, and exploration of personal expression, which can sometimes evoke emotional responses.

Participation in this bodywork and voice workshop involves physical and emotional experiences. By participating, you acknowledge that you are responsible for your own well-being and any decisions made during or after the workshop. This workshop is for educational and experiential purposes, and is not a substitute for professional medical or therapeutic advice. If you have any physical or psychological conditions, please consult with your healthcare provider before participating.

By registering for and participating in this workshop, you understand and agree to the following:

- **Personal Responsibility:** You are solely responsible for your physical and emotional well-being throughout the workshop. You agree to listen to your body, modify activities as needed, and take breaks when necessary.
- **Not Medical Advice:** The information and techniques shared in this workshop are not intended to diagnose, treat, cure, or prevent any medical or psychological condition. This workshop is not a substitute for professional medical or therapeutic advice.
- **Consultation with Professionals:** If you have any pre-existing physical or psychological conditions, injuries, or concerns, it is your responsibility to consult with your physician, therapist, or other qualified healthcare provider before participating in this workshop.
- **Voluntary Participation:** Your participation in all activities is voluntary, and you have the right to opt out of any exercise or discussion at any time.
- **No Guarantees:** While the workshop aims to provide valuable tools and experiences, there are no guarantees of specific outcomes or results.
- **Release of Liability:** To the fullest extent permitted by law, you release the facilitator(s) and organizer(s) of this workshop from any liability for any loss, damage, injury or death, that may occur as a result of your participation.

Print name: _____

Emergency contact: _____ Phone #: _____

Date: _____ In: _____

Sign: _____